

MND WEBINAR PROGRAM

MONDAY 29 AUGUST, 1.30PM

CARER SUPPORT : PREVENTING CARER BURNOUT

JOIN ALEX TALVY AND EMMA FORSYTH, MND ADVISORS, AS WE EXPLORE SUPPORTS AND SERVICES THAT CAN HELP PREVENT THE BURNOUT CARERS SOMETIMES EXPERIENCE

We will encourage you to look after yourself, make the best use of your time with your loved one, be creative about funding and supports and encourage you to make some changes that are positive for everyone.

Interested to find out more?

Register now.

ALL SESSIONS WILL BE HELD ON ZOOM

**REGISTER WITH THE LINK OR BY EMAILING [INFO@MND.ORG.AU](mailto:info@mnd.org.au) OR
CALL 1800 777 175**

